Welcome to the Sweet Spot of the 4-Year Cycle

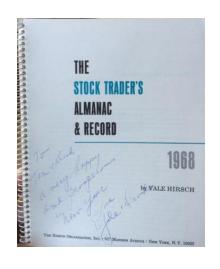
Jeffrey A. Hirsch

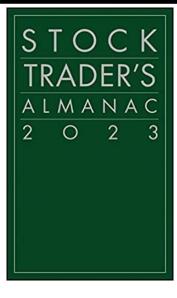
CEO: Hirsch Holdings Inc. | Editor-in-Chief: Stock Trader's Almanac

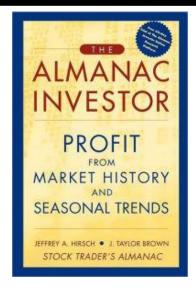
AAII San Diego October Program
October 8, 2022

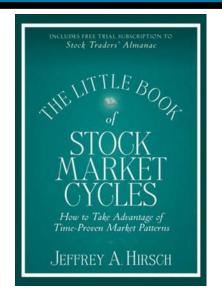


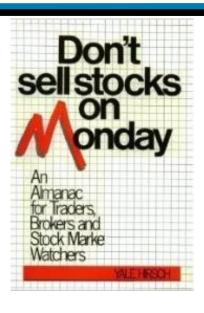
56 Years On The Street

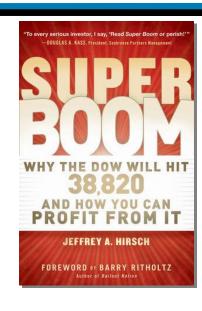












> As Featured On:



















ALMANAC









TheStreet

Almanac Investing Philosophy

"Those who study market history are bound to profit from it!"

— Jeffrey A. Hirsch



Almanac Research Process

50+ Years Analyzing, Researching & Testing

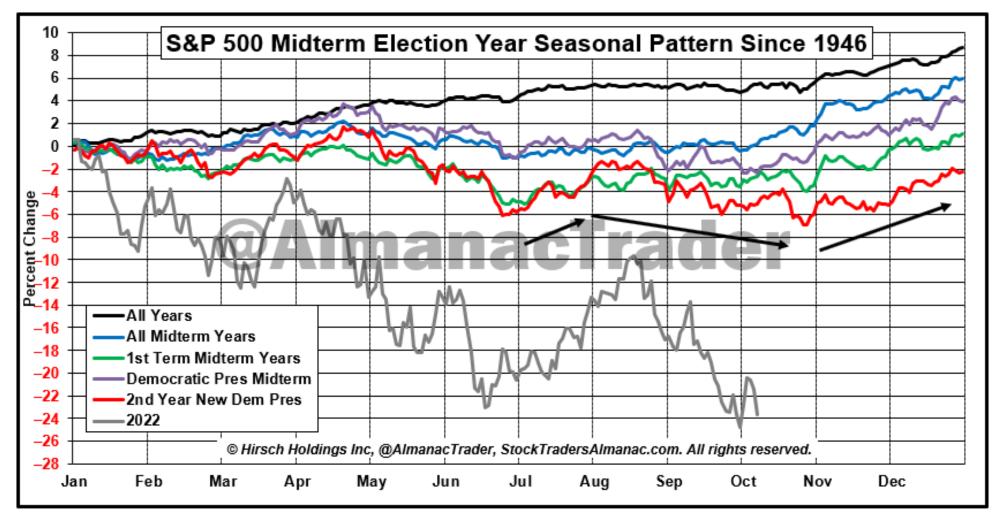
- Every Stock Market Trend Imaginable
- Publish Findings On An Annual Basis
- Update Weekly & Monthly

Constructing Portfolios

- Seasonality, Cycles & History
- Technical & Fundamental Analysis
- Market Internals & Sentiment
- Monetary & Geopolitics
- Current Trends & Economy

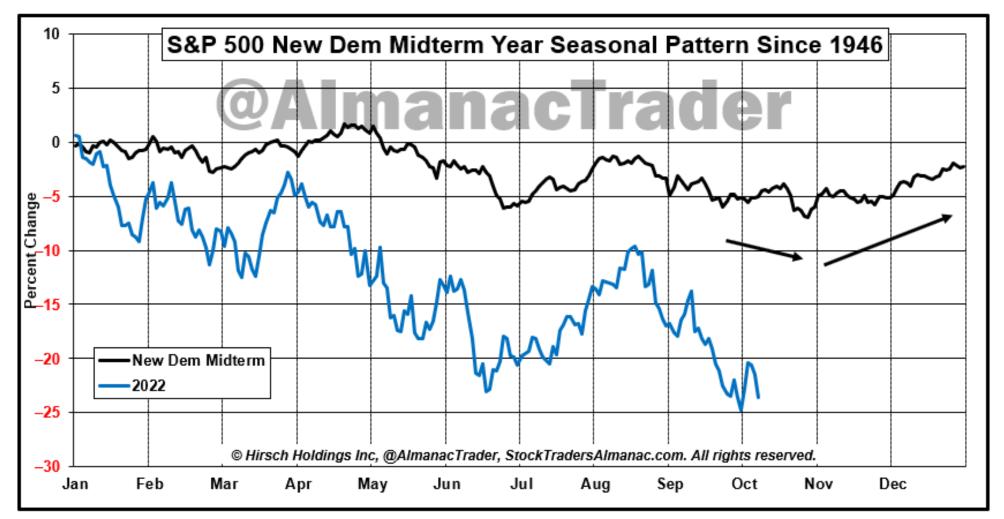


Midterm Election Year Volatility = Opportunity



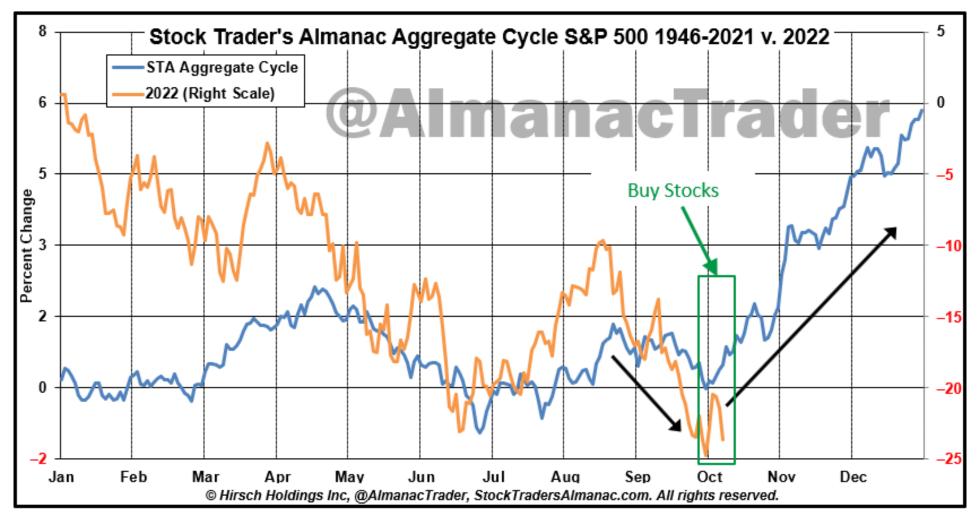


Midterm Election Year Volatility = Opportunity



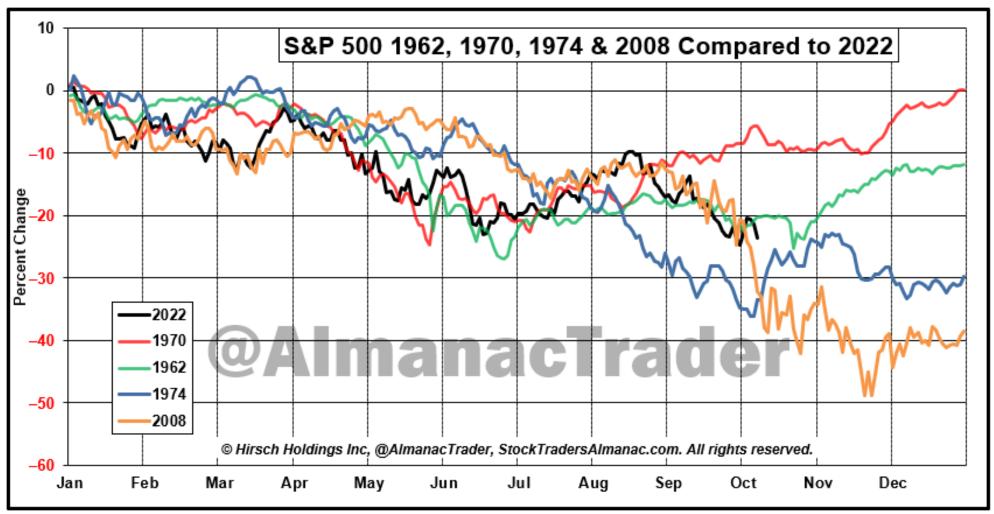


STA Aggregate Cycle



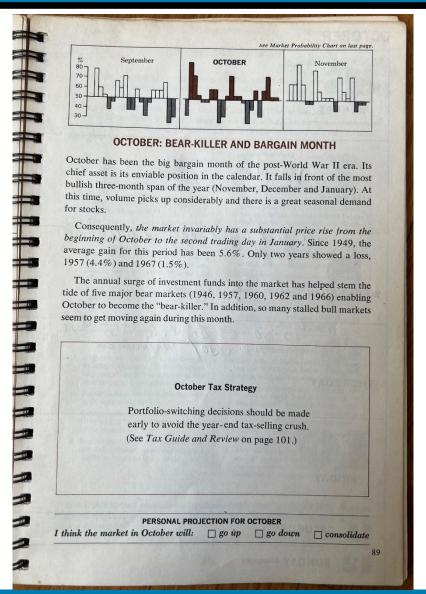


1962, 1970, 1974 & 2008 Vs. 2022





October Bear-Killer And Bargain Month – 1969 Stock Trader's Almanac





Octoberphobia

- Frightful History
 - Crashes in 1929 & 1987
 - Major declines in 1978, 1979, 1989, 1997
 - 2008 Worst Ever Weekly Dow loss, -18.2%
- But Bear-Killer
 - October has turned the tide in 12 post-WWII bear markets: 1946, 1957, 1960, 1962, 1966, 1974, 1987, 1990, 1998, 2001, 2002 and 2011
 - 8 Hard Bottoms: 1956, 1960, 1966, 1987, 1990, 1998, 2002 and 2011
 - 4 Secondary Lows: 1946, 1962, 1974 and 2001
 - 7 in midterm years
- ➤ October Best Dow & S&P 500 Month since 1950, 2nd Best Nasdaq since 1974

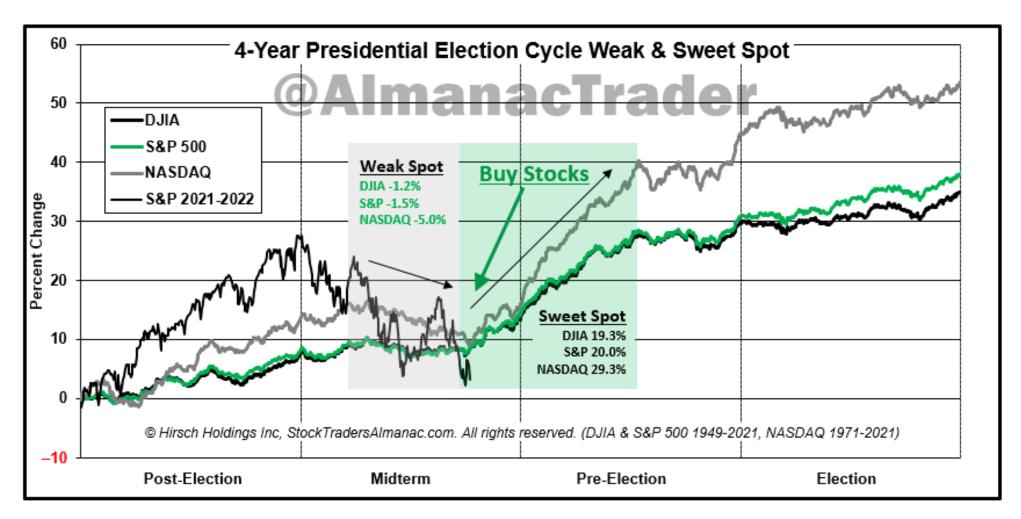


October the Bear-Killer

- ▶ 1946: DJIA bottomed on 10/9. DJIA and S&P 500 tested that low on May 17, 1947.
- > 1957: DJIA & SP500 bottomed in October
- > 1960: DJIA & SP500 bottomed in October
- > 1962: Low in June, DJIA & SP500 tested June's lows in October
- 1966: DJIA & SP500 bottomed in October
- > 1974: SP500 & NASDAQ bottomed in October, DJIA final low in December
- > 1987: DJIA & NASDAQ bottomed in October, SP500 final low in December
- > 1990: DJIA, SP500 & NASDAQ bottomed in October
- 1998: DJIA & SP500 bottomed in August, NASDAQ lower low in October
- 2001: DJIA, SP500 & NASDAQ bottomed end of September, October first up month
- > 2002: DJIA, SP500 & NASDAQ bottomed in October
- > 2011: DJIA, SP500 & NASDAQ bottomed in October



Sweet Spot of the 4-Year Cycle





Midterm Year Bottom Pickers Paradise

% Change In Dow Jones Industrials Between The Midterm Year Low And The High In The Following Year											
			erm Year		Pre-Election Year High						
	Date	e of L	_ow	Dow	Date	e of H		Dow	% Gain		
1	Jul	30	1914 *	52.32	Dec	27	1915	99.21	89.6 %		
2	Jan	15	1918 **	73.38	Nov	3	1919	119.62	63.0		
3	Jan	10	1922 **	78.59	Mar	20	1923	105.38	34.1		
4	Mar	30	1926 *	135.20	Dec	31	1927	202.40	49.7		
5	Dec	16	1930 *	157.51	Feb	24	1931	194.36	23.4		
6	Jul	26	1934 *	85.51	Nov	19	1935	148.44	73.6		
7	Mar	31	1938 *	98.95	Sep	12	1939	155.92	57.6		
8	Apr	28	1942 *	92.92	Jul	14	1943	145.82	56.9		
9	Oct	9	1946	163.12	Jul	24	1947	186.85	14.5		
10	Jan	13	1950 **	196.81	Sep	13	1951	276.37	40.4		
11	Jan	11	1954 **	279.87	Dec	30	1955	488.40	74.5		
12	Feb	25	1958 **	436.89	Dec	31	1959	679.36	55.5		
13	Jun	26	1962 *	535.74	Dec	18	1963	767.21	43.2		
14	Oct	7	1966 *	744.32	Sep	25	1967	943.08	26.7		
15	May	26	1970 *	631.16	Apr	28	1971	950.82	50.6		
16	Dec	6	1974 *	577.60	Jul	16	1975	881.81	52.7		
17	Feb	28	1978 *	742.12	Oct	5	1979	897.61	21.0		
18	Aug	12	1982 *	776.92	Nov	29	1983	1287.20	65.7		
19	Jan	22	1986	1502.29	Aug	25	1987	2722.42	81.2		
20	Oct	11	1990 *	2365.10	Dec	31	1991	3168.84	34.0		
21	Apr	4	1994	3593.35	Dec	13	1995	5216.47	45.2		
22	Aug	31	1998 *	7539.07	Dec	31	1999	11497.12	52.5		
23	Oct	9	2002 *	7286.27	Dec	31	2003	10453.92	43.5		
24	Jan	20	2006	10667.39	Oct	9	2007	14164.53	32.8		
25	Jul	2	2010 **	9686.48	Apr	29	2011	12810.54	32.3		
26	Feb	3	2014	15372.80	May	19	2015	18312.39	19.1		
27	Dec	24	2018	21792.20	Dec	27	2019	28645.26	31.4		
* Bea	*Bear Market ended **Bear previous year Average 46.8 %										
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NASDAQ Up 70% Midterm Low to Pre-Election High

% Change In NASDAQ Composite Between The Midterm Year Low And The High In The Following Year

Midterm Year Low					Pre-Election Year High					
	Date	of L	-ow	NASDAQ	Date	e of H	ligh	NASDAQ	% Gain	
1	Oct	3	1974 *	54.87	Jul	15	1975	88.00	60.4	
2	Jan	11	1978 *	99.09	Oct	5	1979	152.29	53.7	
3	Aug	13	1982 *	159.14	Jun	24	1983	328.91	106.7	
4	Jan	9	1986	323.01	Aug	26	1987	455.26	40.9	
5	Oct	16	1990 *	325.44	Dec	31	1991	586.34	80.2	
6	Jun	Jun 24 1994 693		693.79	Dec	5	1995	1069.79	54.2	
7	Oct	8	1998 *	1419.12	Dec	31	1999	4069.31	186.7	
8	Oct	9	2002 *	1114.11	Dec	30	2003	2009.88	80.4	
9	Jul	21	2006		Oct	31	2007	2859.12	41.5	
10	Jul	2	2010 **		Apr	29	2011	2873.54	37.4	
11	Feb	3	2014	3996.96	Jul	20	2015	5218.86	30.6	
12	Dec	24	2018	6192.92	Dec	26	2019	9022.39	45.7	
* Bea	* Bear Market ended ** Bear previous year							Average	68.2 %	
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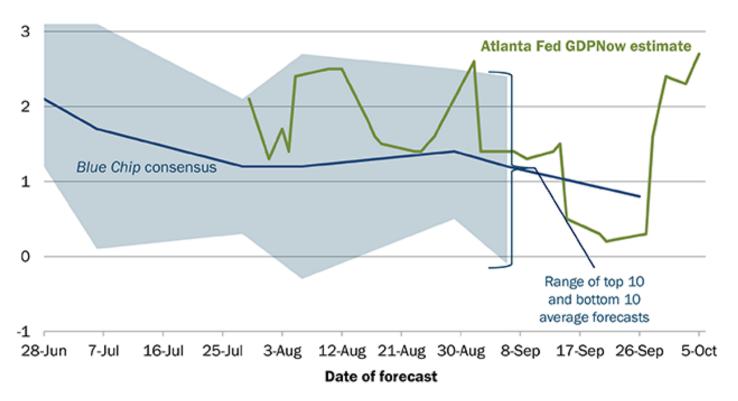


GDP Improving



Quarterly percent change (SAAR)

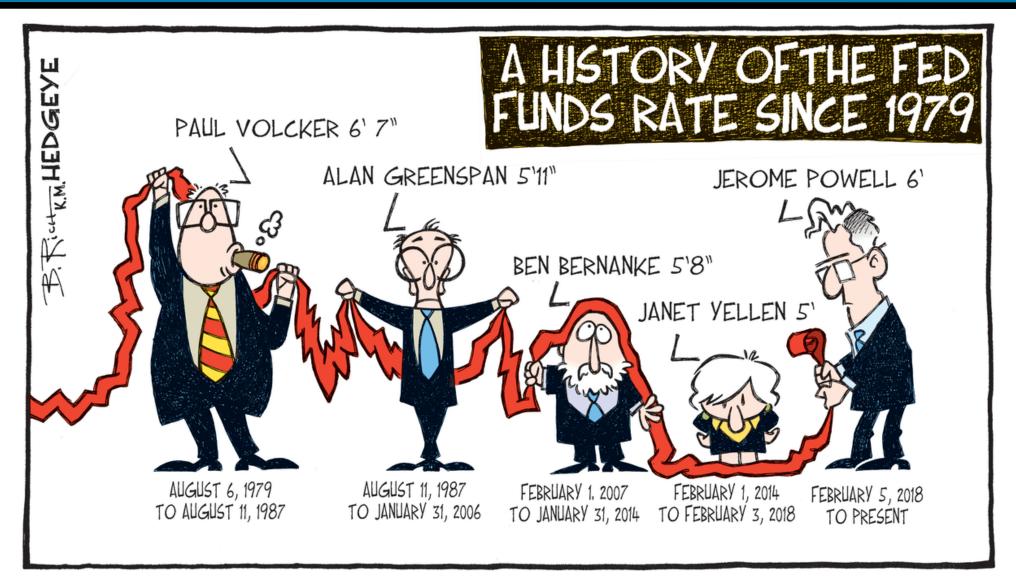
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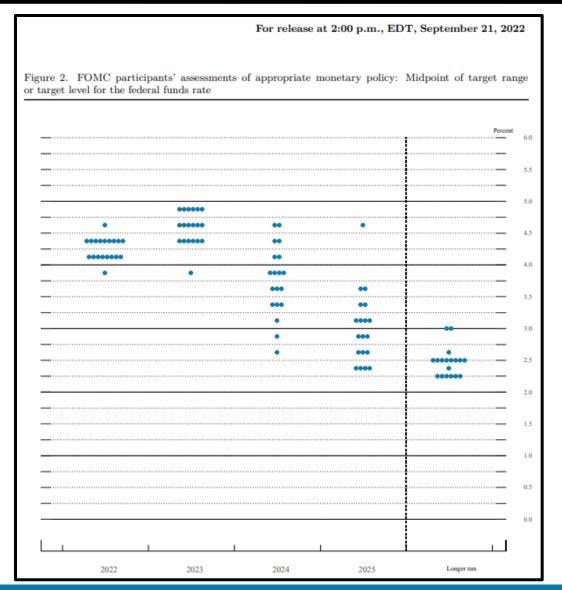
Sources: Blue Chip Economic Indicators and Blue Chip Financial Forecasts

Note: The top (bottom) 10 average forecast is an average of the highest (lowest) 10 forecasts in the Blue Chip survey.



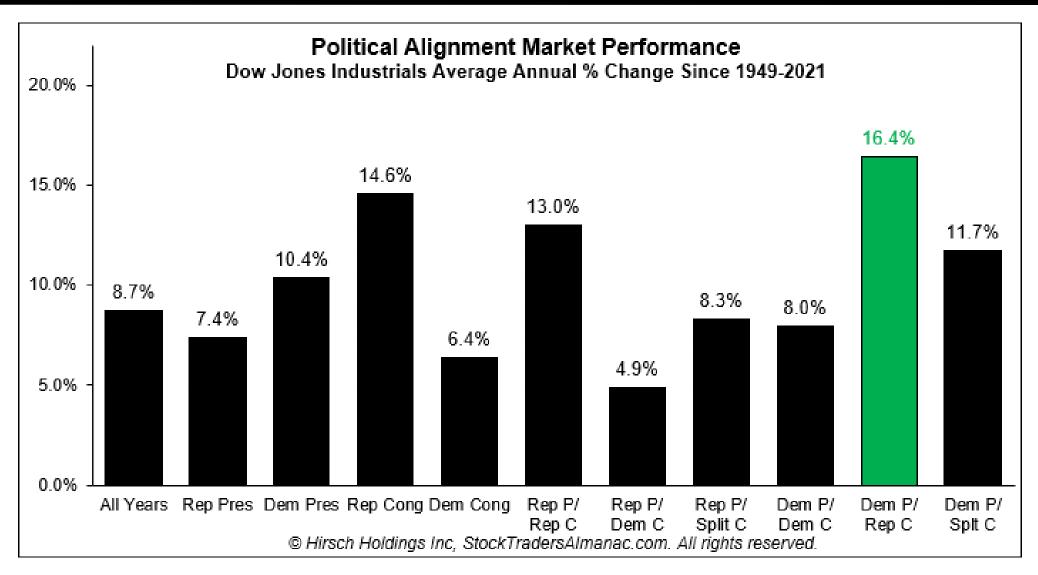


Interest Rate Hikes Nearing End





Midterm Political Alignment Shift





Market at a Glance

9/29/2022: Dow 29225.61 | S&P 3640.47 | NASDAQ 10737.51 | Russell 2K 1674.93 | NYSE 13607.72 | Value Line Arith 7755.82

Seasonal: Improving. October is the last month of DJIA and S&P 500 "Worst Six Months" and NASDAQ's "Worst Four Months." Twelve post-WWII bear markets have ended in October and seven were in midterm years. October is the #1 DJIA and S&P 500 month in midterm years, #2 for NASDAQ. Our Seasonal MACD Buy signal can trigger any time after the close on October 3 this year.

Fundamental: Recession? One bright spot is the labor market where official metrics remain reasonably firm. GDP was negative in Q1 and Q2 and the Atlanta Fed GDPNow estimate for Q3 is just 0.3% as of its September 27 update. Surging mortgage rates are cooling the housing market and price declines are popping up. Consumer sentiment remains depressed as inflation and Fed rate hikes eat away at spending power. Energy prices have retreated but remain elevated while corporate earnings are slipping with several notable warnings from FedEx, GE, and Ford.

Technical: New Lows. DJIA and S&P 500 have closed below their respective June lows. NASDAQ and Russell 2000 have not. The bear market is not over yet. 50- and 200-day moving averages are all in decline and remain distant. The market's next move will likely depend on where NASDAQ goes. If its June closing low holds, that would be a positive and encouraging. However, if the opposite occurs then further declines are increasingly likely.

Monetary: 3.00 – 3.25%. Persistent inflation has pushed the Fed to take aggressive action. A blunt speech by Chairman Powell at Jackson Hole was the first warning to the market and last week's meeting solidified their intentions. The Fed increased its key rate by 0.75% and indicated similar sized increases are likely at its next two meetings. Their apparent objective, based upon projection materials, is to have the fed funds rate between 4% and 4.5% by the end of this year. The brisk pace of rate increases compared to other major central banks has the U.S. dollar at multi-year highs and Forex market volatility climbing. The Fed may soon need to intervene in Forex markets.

Sentiment: Slipping. According to Investor's Intelligence Advisors Sentiment survey Bullish advisors stand at 25.4%. Correction advisors are at 40.3% while Bearish advisors numbered 34.3% as of their September 28 release. Sentiment has been mixed and largely responding to the markets moves. Bullish advisors peaked in mid-August just as the market was topping out. When they bailed on the bullish camp, they went to join correction advisors. More bearish advisors would be a welcome sign as historically the best broad opportunities for new long positions have been at higher levels.

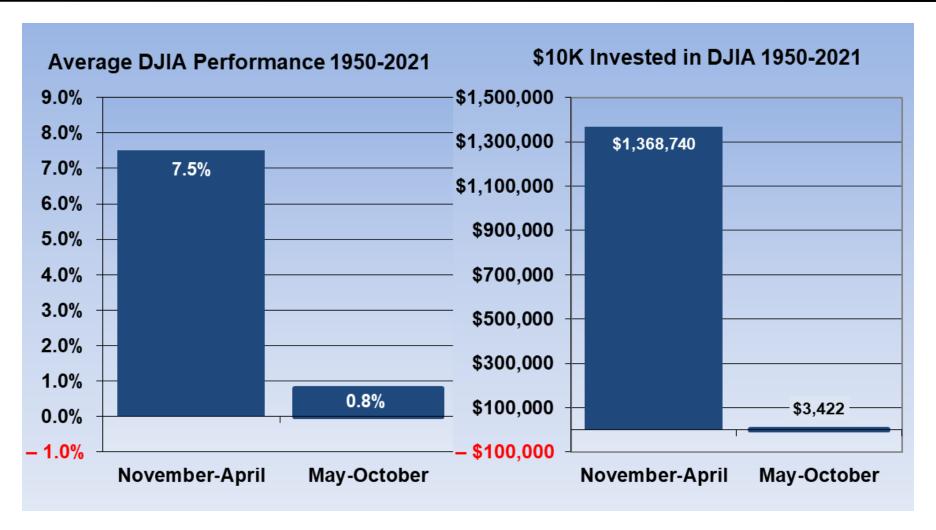


DJIA 1-Year Seasonal Pattern



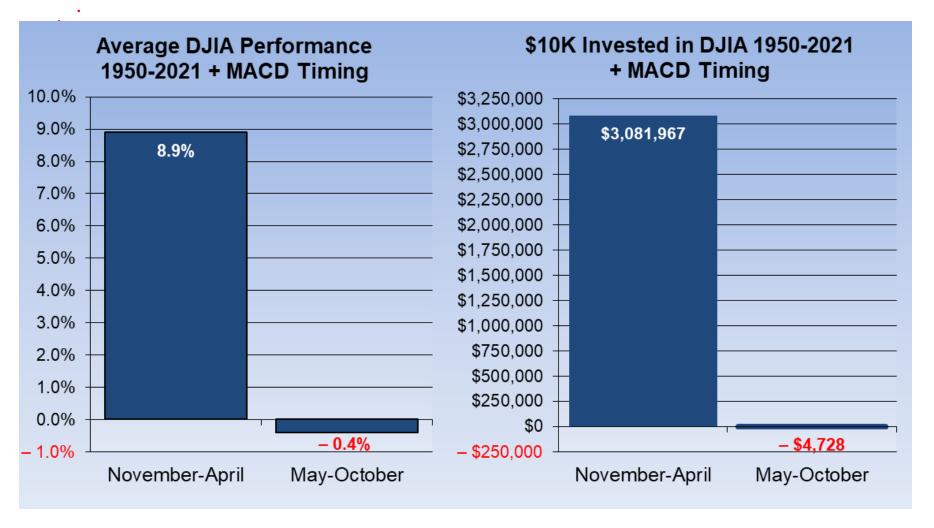


Best Six Months: Only Proven Black Box System





Best Six Months + Technical Trigger





Best Six Months Recent Performance Still Solid

Best Six Months Switching Strategy/Sell In May + MACD Timing									
Be	st 6 Months		Worst 6 Months SELL Signal % Change						
BUY Signal	Y Signal % Change			SELL Signal					
		(DJI	A)						
9-Oct-09	9864.94	10.8%	8-Apr-10	10927.07	4.6%				
4-Nov-10	11434.84	7.3%	13-Apr-11	12270.99	- 9.4%				
6-Oct-11	11123.33	18.7%	3-Apr-12	13199.55	0.3%				
6-Nov-12	13245.68	10.0%	1-Apr-13	14572.85	4.1%				
15-Oct-13	15168.01	7.1%	7-Apr-14	16245.87	2.3%				
21-Oct-14	16614.81	7.4%	30-Apr-15	17840.52	- 6.0%				
5-Oct-15	16776.43	4.9%	5-Apr-16	17603.32	3.6%				
24-Oct-16	18233.03	13.0%	17-May-17	20606.93	15.7%				
28-Nov-17	23836.71	0.4%	2-May-18	23924.98	5.0%				
31-Oct-18	25115.76	5.2%	1-May-19	26430.14	1.5%				
11-Oct-19	26816.59	- 13.3%	13-May-20	23247.97	22.1%				
5-Nov-20	28390.18	19.1%	22-Apr-21	33815.90	2.8%				
8-Oct-21	34746.25	- 0.5%	7-Apr-22	34583.57	- 12.3%				
4-Oct-22	30316.32								
	Averages	6.9%			2.6%				
		(S&P	_						
9-Oct-09	1071.49	10.7%	8-Apr-10	1186.44	2.9%				
4-Nov-10	1221.06	7.6%	13-Apr-11	1314.41	- 11.4%				
6-Oct-11	1164.97	21.3%	3-Apr-12	1413.38	1.1%				
6-Nov-12	1428.39	9.4%	1-Apr-13	1562.17	8.7%				
15-Oct-13	1698.06	8.7%	7-Apr-14	1845.04	5.2%				
21-Oct-14	1941.28	7.4%	30-Apr-15	2085.51	- 4.7%				
5-Oct-15	1987.05	2.9%	5-Apr-16	2045.17	5.2%				
24-Oct-16	2151.33	9.6%	17-May-17	2357.03	11.5%				
28-Nov-17	2627.04	0.3%	2-May-18	2635.67	2.9%				
31-Oct-18	2711.74	7.8%	1-May-19	2923.73	1.6%				
11-Oct-19	2970.27	- 5.1%	13-May-20	2820.00	24.5%				
5-Nov-20	3510.45	17.8%	22-Apr-21	4134.98	6.2%				
8-Oct-21	4391.34	2.5%	7-Apr-22	4500.21	- 15.8%				
4-Oct-22	3790.93	7.00							
	Averages	7.8%			2.9%				
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NASDAQ Best 8/Worst 4 Months Recent Returns

NASDAQ Best 8 & Worst 4 Months + MACD Timing									
Be	st 8 Months		Worst 4 Months						
BUY Signal	BUY Signal % Change				% Change				
9-Oct-09	2139.28	1.6%	7-Jun-10	2173.90	18.6%				
4-Nov-10	2577.34	7.4%	1-Jun-11	2767.19	- 10.4%				
7-Oct-11	2479.35	10.8%	1-Jun-12	2747.48	9.6%				
6-Nov-12	3011.93	14.4%	4-Jun-13	3445.26	10.1%				
15-Oct-13	3794.01	15.4%	26-Jun-14	4379.05	0.9%				
21-Oct-14	4419.48	14.5%	4-Jun-15	5059.13	- 5.5%				
5-Oct-15	4781.27	1.4%	13-Jun-16	4848.44	9.5%				
24-Oct-16	5309.83	16.9%	9-Jun-17	6207.92	11.3%				
28-Nov-17	6912.36	11.6%	21-Jun-18	7712.95	- 5.3%				
31-Oct-18	7305.90	11.5%	19-Jul-19	8146.49	- 1.1%				
11-Oct-19	8057.04	17.8%	11-Jun-20	9492.73	25.3%				
5-Nov-20	11890.93	23.2%	14-Jul-21	14644.95	- 0.4%				
8-Oct-21	14579.54	- 25.9%	13-Jun-22	10809.23	3.4%				
4-Oct-22	11176.41								
	Averages	9.3%			5.1%				
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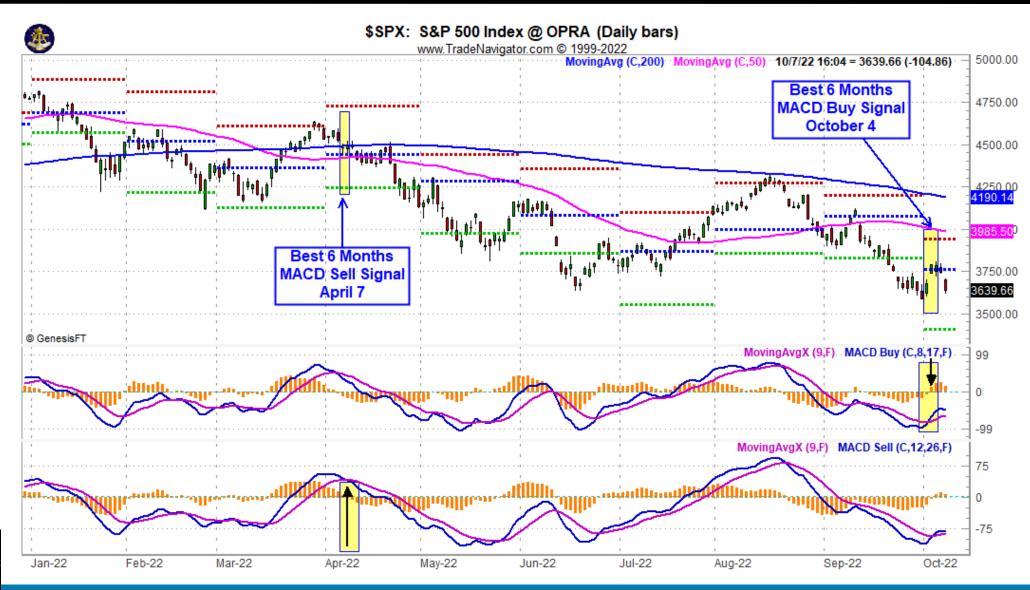


Best Six Months Starting in Midterm Years

BEST SIX MONTHS SWITCHING STRATEGY + TIMING									
Midterm Years Since 1950									
	DJIA % Change DJIA % Change								
	May 1-Oct 31*	Nov 1-Apr 30*							
1950	7.3 %	13.3 %							
1954	13.5	16.3							
1958	17.3	16.7							
1962	- 15.3	22.4							
1966	- 16.4	14.3							
1970	- 1.4	20.8							
1974	- 22.4	28.2							
1978	- 4.5	9.3							
1982	15.5	23.5							
1986	- 2.8	28.2							
1990	- 6.7	15.8							
1994	3.7	13.1							
1998	- 12.4	39.9							
2002	- 25.2	6.0							
2006	4.7	14.4							
2010	4.6	7.3							
2014	2.3	7.4							
2018	5.0	5.2							
2022	- 12.3	As of 10/4/2022 close.							
Average	- 2.4 %	16.8 %							
# Up	9	18							
# Down	9	0							



Seasonal Best Six Months MACD Buy Signal Triggered





Seasonal MACD Buy Signal Actions

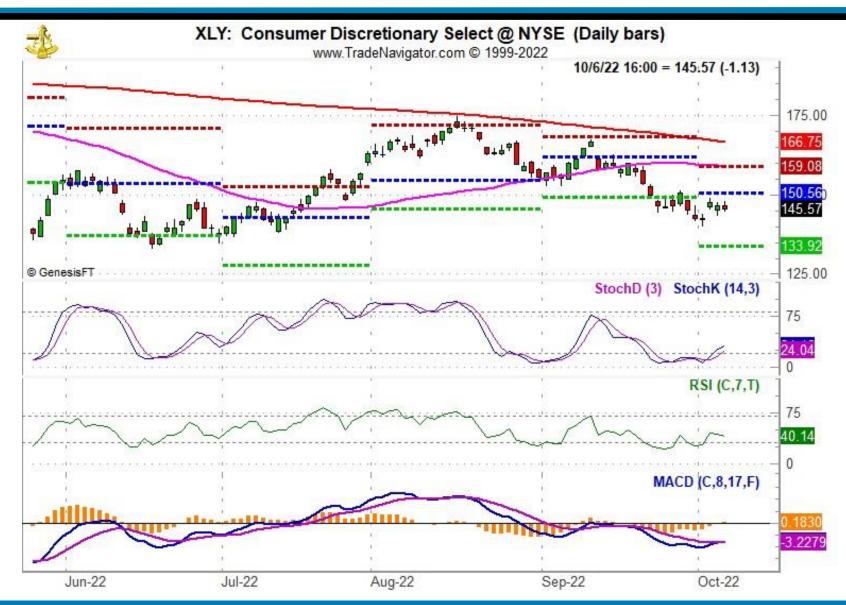
- ➤ Annual Fall Buying Spree
 - Index ETFs Tactical Switching Strategy Portfolio
 - October Sectors Correlated ETFs Sector Rotation Portfolio
 - Stock Basket Putting cash back to work
- Rolling out new trades in October

SECTOR INDEX SEASONALITY TABLE

			Seasonality				Ave	turn ^r	
Ticker	Sector Index	Type	Start		Finish		25-Year	10-Year	5-Year
BKX	Banking	Long	October	В	May	В	15.7	18.0	19.3
XBD	Broker/Dealer	Long	October	В	April	М	26.7	17.4	15.7
XCI	Computer Tech	Long	October	В	January	В	14.1	8.6	11.1
S5COND	Consumer Discretionary	Long	October	В	June	В	16.5	16.0	14.4
S5CONS	Consumer Staples	Long	October	В	June	В	9.6	9.1	5.4
S5HLTH	Healthcare	Long	October	В	May	В	10.5	11.8	7.7
S5INDU	Industrials	Long	October	E	May	M	12.7	10.9	11.0
S5MATR	Materials	Long	October	В	May	В	15.7	13.6	10.7
DRG	Pharmaceutical	Long	October	М	January	В	7.1	6.5	7.1
RMZ	Real Estate	Long	October	E	May	В	10.9	8.0	3.9
SOX	Semiconductor	Long	October	E	December	В	14.5	11.3	13.7
XTC	Telecom	Long	October	M	December	E	7.6	2.0	0.3
DJT	Transports	Long	October	В	May	В	17.6	14.0	9.4

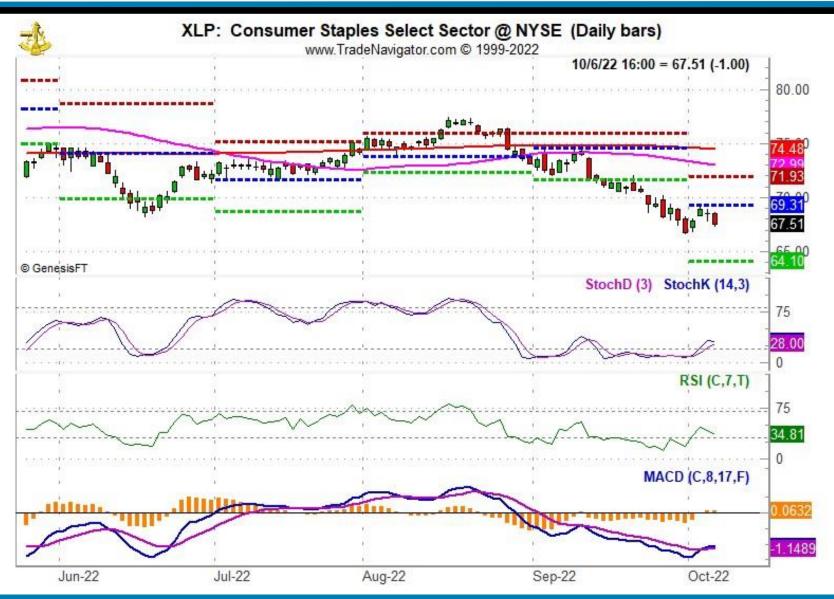


Consumer Buying Season





Consumer Staples Runs Concurrent





Semiconductors Come Into Favor





Stock Selection Process

- Zacks Screen Criteria & Market Smith
 - Fundamental
 - Revenue Growth & Acceleration
 - **➤** Earnings Growth & Acceleration
 - ➤ Margins | P/E | P/S | Cash Flow | Debt | Ratings
 - ➤ Market Cap | Average Trading Vol | Insider Holdings
 - Technical
 - ➤ Relative Strength | Chart Patterns | Support/Resistance | MAs
 - Under Wall Street's Radar
- Seasonal Overlay
 - Sector Seasonality & Strength
 - October Longs | Summer Shorts | Short Side Inverted
- Old School Fundamental & Technical



Studying Market History Can Produce Gains

► LIKE THESE....

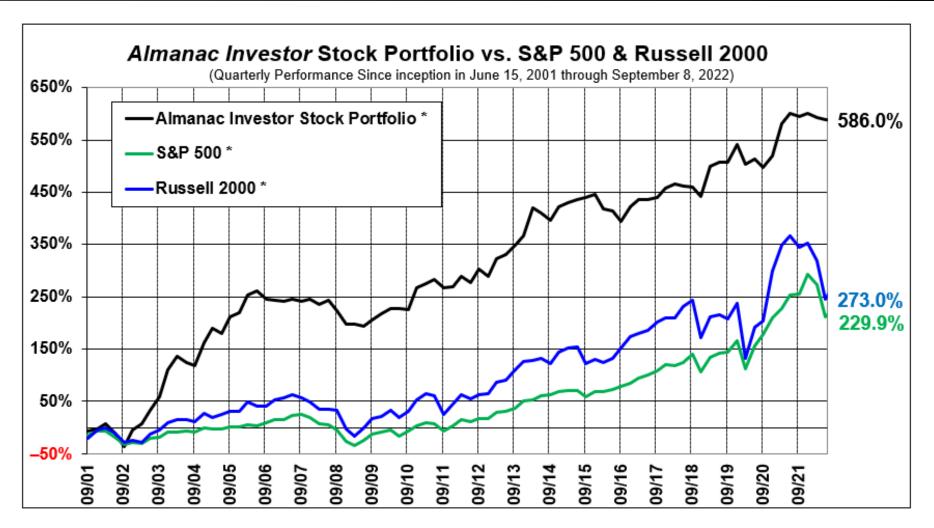
- iShares PHLX Semiconductor (SOXX) up 19.8% in 2 months
- SPDR Energy (XLE) up 25.9% in 3.5 months
- SPDR Consumer Staples up 18.7% in 2 years
- First Trust Natural Gas (IWM) up 36.6% in 3.5 months

> AND THESE....

- MGP Ingredients (MGPI) up 124.6% in 1.5 years
- Customers Bancorp (CUBI) up 158.3% in 16 months
- Constellation Energy (CEP) up 44.9% in 6 months
- Avid Tech Inc (AVID) up 132.4% in 9 months



Almanac Investor Stock Portfolio Up 586!





Recap & Outlook

Negative Factors

- Fed not done tightening
- Inflation still elevated
- Ukraine War
 Putin In A Corner
- Energy Still Costly –
 Electricity Price Hikes
 Likely To Support
 Elevated Inflation
- Octoberphobia

Positive Factors

- Seasonal Factors Improving
- Midterm Election Year's Bottom Pickers Paradise
- Sweet Spot 4-year Cycle Historically Bullish
- Fed Likely Closer to End of Cycle than Beginning
- Employment Metrics Holding Up Well
- Signs inflation is moderating/easing

Outlook:

- Q4 Rally, but volatility likely to persist
- Be Greedy When Others Are Fearful
- Sticking with the System
- Time to begin establishing new long positions



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- Jeffrey A. Hirsch is CEO of Hirsch Holdings, Editor-in-Chief of the Stock Trader's Almanac & Almanac Investor Newsletter.
- ➤ He is the author of Super Boom: Why the Dow Will Hit 38,820 and How You Can Profit From It and The Little Book of Stock Market Cycles.
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