It's Your Call

CALL OPTION PLAYBOOK

APRIL 26, 2019 HEMI DAY

Calling the Shots

- ► Inventory Includes AAPL, CAH, CVS, DAL, FL, GM, LVS, O, TGT, WMT, etc.
- ▶ Like to keep 100 shares in inventory at all times
 - ▶ Didn't do this with CSCO, CVI and STX; expect those inventories to be called away on or before June 21 (however strike prices are much higher than cost bases)
 - ▶ MET is also getting close

Placing the Call

- Buy and hold strategy
 - ▶ Tortoise vs. hare
- Prefer large or very large cap
 - Dividend payers
 - Lower volatility (compared to small cap)
- Sell calls, collect premiums (great for tax deferred accounts)
 - ▶ Increases positive cash flows
 - ▶ Reduces cost basis

Rule Call

- Don't sell a call, if cost basis is higher than market
- If stock price is expected to go down, look for strike near market and expiry 6 to 12 months out
- If stock is expected to drop 15% or more, consider in the money strike
 - When stock hits a major resistance level, buy back call and / or buy more stock
 - If price is expected to head back up, consider a call spread

Placing the Call Example

TGT (Friday close \$77.12)

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
2-19	TGT	\$58.41	\$73.62	2	3-22	\$80	\$0.66	\$132	\$78.32			\$90.39	\$60.15
3-21	TGT	\$57.76	\$79.39	2	10-19	\$90	\$1.85	\$370	TBD	5-14	\$0.64	\$90.39	\$60.15
										9-20	\$0.64		

Close Calls

- XLREhit \$36.71 on April 15 (Friday close \$35.99)
- CSCO.... hit \$57.53 on April 16 (Friday close \$55.88)
- METhit \$46.53 on April 12 (Friday close \$45.10)
- O......... hit \$74.05 on April 15 (Friday close \$70.58)

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
2-19	XLRE	\$31.16	\$34.32	2	5-17	\$35	\$0.55	\$110	\$TBD	3-15	\$.2035	\$35.22	\$30.11
2-22	CSCO	\$22.75	\$49.93	1	1-17	\$50	\$4.05	\$405	\$TBD	(4)	\$0.35	\$50.22	\$40.25
2-27	MET	\$39.28	\$44.85	2	5-17	\$47.50	\$0.72	\$144	\$TBD	5-06	\$0.44	\$43.83	\$37.76
3-6	0	\$42.72	\$69.88	2	9-20	\$75	\$0.98	\$196	\$TBD	Monthly	\$0.23	\$70.48	\$59.24

Put up or Shut Up

- Puts can be riskier
- Expensive form of insurance
- Easy way to lose dividend gains
- Have had better luck with calls



Call of the Wild

- Risky small or mid caps
- Wide bid / ask spreads
- Greater risk = greater reward

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
2-19	DFRG	\$9.05	\$8.65	1	6-21	\$10	\$0.70	\$70	\$TBD	N/A	\$18.05	\$35.22	\$5.86
2-21	FOSL	\$14.96	\$14.67	2	1-17	\$25	\$1.38	\$276	\$TBD	N/A		\$32.17	\$12.98
2-27	RDFN	\$20.06	\$19.07	.07 2 1-17		\$27	\$1.10	\$220	\$TBD	N/A		\$26.01	\$13.50

When Nature Calls

Natural Resources

- Oil (energy) sector
 - ► ETFs: OIH, XLE
 - ▶ Stocks: PAA, PBR, CCR, CNQ, CVI, DKL, DO, ENB, MIC, MUR, RIG, VLO

Mining and Materials: CENX, CLF, FCX

When Nature Calls

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
1-31	PBR	\$7.48	\$16.29	4	7-19	\$20	\$0.57	\$228	\$TBD	N/A		\$17.20	\$9.02
2-8	PBR	\$7.48	\$15.67	2	7-19	\$17	\$1.09	\$218	\$TBD	N/A		\$17.20	\$9.02
3-7	PBR	\$7.48	\$15.02	2	1-17	\$15	\$2.32	\$464	\$TBD	N/A		\$17.20	\$9.02
2-22	RIG	\$6.70	\$8.36	6	8-16	\$12	\$0.23	\$138	\$TBD	N/A		\$14.47	\$6.19
2-27	DKL	\$18.55	\$31.21	2	8-16	\$35	\$0.81	\$162		5-01	\$0.82	\$35.50	\$27.02

When Nature Calls

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
2-20	FCX	\$12.19	\$13.51	3	8-16	\$16	\$0.75	\$225	\$TBD	4-12 7-12	\$0.05	\$19.68	\$9.60
2-28	MUR	\$29.55	\$28.94	1	7-19	\$32.50	\$1.08	\$108	\$TBD	5-17	\$0.25	\$36.53	\$21.51
2-28	CLF	\$(2.66)	\$11.45	5	7-19	\$14	\$0.54	\$270	\$TBD	N/A		\$13.10	\$7.44

Doctor's House Call

Healthcare

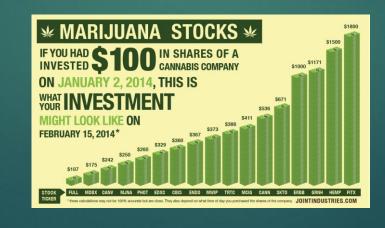
- ACB
- ▶ BHC
- ► CAH
- ▶ GILD
- ▶ PSCH
- XLV

Top 10 Health Care Stocks For Dividend Growth And Income													
			10/5/15	4/07/17	%								
Rank	Company	Ticker	Price	Price	Difference								
1	AbbVie Inc.	ABBV	\$56.68	\$65.54	13.52%								
2	Pfizer Inc.	PFE	\$33.48	\$34.10	1.82%								
3	Merck & Company	MRK	\$51.23	\$63.13	18.85%								
4	Johnson & Johnson	JNJ	\$94.76	\$124.92	24.14%								
5	Gilead Sciences Inc.	GILD	\$99.26	\$66.58	-49.08%								
6	Owens & Minor Inc.	OMI	\$34.08	\$34.19	0.32%								
7	Quest Diagnostics	DGX	\$63.66	\$97.85	34.94%								
8	Amgen Inc.	AMGN	\$143.80	\$163.38	11.98%								
9	Abbott Labs	ABT	\$41.39	\$43.83	5.57%								
10	Medtronic plc.	MDT	\$70.87	\$80.37	11.82%								
			Avera	age Return:	7.39%								
	Health Care SPDR (ETF)	XLV	\$68.47	\$74.41	8.68%								
	SPDR S&P 500 ETF Trust	SPY	\$198.47	\$235.20	18.51%								

Doctor's House Call

2019	Symbol	Cost Basis	Price at Trade	STO	Expiry	Strike	Premium	Extended	Price at Expiry	Ex Dividend	Amount	52 Week High	52 Week Low
2-27	CRON	\$13.36	\$20.91	2	5-17	\$29	\$0.90	\$180	\$TBD	N/A		\$25.10	\$4.75
4-18	CRON	\$13.36	\$16.23	2	6-21	\$20	\$0.71	\$142	\$TBD	N/A		\$25.10	\$4.75







Keeping Track

2019	SYMBOL	Cost Basis	Price at Trade	вто	STC	STO	BTC	Expired	Called Away	EXPIRES	STRIKE	PREM	EXTENDED	СОММ	FEE	Option Value	NET	Buy Back?	Expired?	Exercised?	Ex Div.	Pay Date	Amount	Extended	Principal	% Yield	Annualize d Yield	NOTES	52 Wk High	52 Wk Low
22-Jan	DKL	\$ 18.55 \$	29.37			1				16-Aug	\$ 35.00	\$ 0.60	\$ 60.00	\$ (3.95)	\$ (0.04)	\$ 56.01	\$ 56.82				1-Feb	12-Feb	\$ 0.81	\$ 81.00	\$ 1,855.00	3.06%	5.25%		\$ 35.50	\$ 27.02
											\$	\$	\$	\$	\$	\$	\$						\$	\$	\$				\$	\$
24-Jan 18-Apr	KR	\$ 29.20 \$	28.71			1		1		18-Apr	31.00	0.78	78.00	(3.95)	(0.05)	\$ 74.00	74.14				14-Feb	1-Mar	0.14	14.00	\$ 2,920.00	2.54%	15.23%		\$ 32.74	32.74
25-Jan	PAA	\$ 19.63 \$	23.23			1				15-Aug	\$ 27.00	\$ 0.57	\$ 57.00	\$ (3.95)	\$ (0.04)	\$ 53.01	\$ 53.31				30-Jan	14-Feb	\$ 0.30	\$ 30.00	\$ 1,963.00	2.72%	5.43%		\$ 27.70	\$ 19.65
30 Jan	IVS	¢ 2714 ¢	57.07	1						20 Sep	\$	\$ (2.52)	\$ (252.00)	\$ (4.60)	\$ (0.05)	\$ (256.65)	\$ (255.88)				19 Mar	28 Mar	\$	\$ 77.00	\$ 2.714.00					
30-3011	LVS	φ 27.10 φ	37.07							20-36р	65.00	(2.52)	(232.00)	(4.00)	(0.00)	(230.03)	(200.00)				17-MGI	20-1/101	0.77	77.00	2,710.00					
31-Jan	GM	\$ 29.44 \$	38.83			1				21-Jun	\$ 46.00	\$ 0.46	\$ 46.00	\$ (3.95)	\$ (0.04)	\$ 42.01	\$ 42.39					22-Mar	\$ 0.38	\$ 42.01	\$ 2,944.00	1.44%	3.46%		\$ 45.00	\$ 30.56
		\$ 7.48 \$									\$	\$	\$	\$	\$	\$ 109.97	\$				7-Jun N/A			\$	\$ 1,496.00				\$ 17.20	\$
31-Jan	PBR	7.48 \$	16.29			2				19-Jul	20.00	0.57	114.00	(3.95)	(0.08)	109.97	109.97				N/A			109.97	1,496.00	7.35%	14.70%		17.20	13.09

Last Call!

THANK YOU FOR SITTING THROUGH MY PRESENTATION

